



February, 2018

SOUTHCARE *Monthly News*

Social Centre Activities February

As we are almost through another hot summer keep in mind all our wonderful in-centre activities at the Social centre. Come and enjoy a relaxing day in air-conditioning with old and new friends. Please contact the centre if you would like to book in for any of the events planned for February.



Valentines Day Lunch

Come along and join us for a special lunch with friends and enjoy a day of games, music and stories. Wednesday 14th February at the Social Centre.

Tai Chi for Everyone

Brian will be running this very popular class every Tuesday afternoon from 1.00-2.00pm in February at the Social Centre. Join us for an exciting day with singing in the morning and a lunch with friends.

Chinese New Year

See the Calendar for the special events we have planned for the Year of the Dog. In centre activities will include Chinese Horoscopes, Armchair travel and visits to our customer's favourite Chinese restaurants.

Guess What's in the Jar

Starting this month we will be running a fortnightly guessing competition open to all our Social Centre customers. Prizes for the person who can guess how many items are in the jar. Pop into the centre to enjoy this and our other fun activities.



CALENDAR OVER PAGE

Social Centre Bookings & Information

Call: (08) 9450 6233 • Email: enquiries@southcare.org.au

\$200 Coles Myer Gift Card Offer[^]



Refer your friends or family to Southcare by the end of February, and when the referred customer signs a Southcare Home Care Agreement for Southcare to provide their Home Care Package service **you get a \$200 Coles Myer Gift Card**. For more information contact the Chief Customer Officer email michele.m@southcare.org.au or call 9450 6233.

[^] Terms and Conditions. Offer open to any person who makes a referral to Southcare between 1 December 2017 and 28 February 2018. Offer valid when referred person signs a Southcare Home Care Agreement for Southcare to provide their Home Care Package service. Home Care Agreement must be entered on or before 30 June 2018. \$200 Coles Myer gift card will be posted within 14 days of contract signing. Offer not transferable for cash.

Southcare Social Centre Calendar FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 GROUP OUTING Spud Shed Belmont IN CENTRE Gentle Chair Exercises & Word Quizzes	2 GROUP OUTING Ravenswood Tavern IN CENTRE Friday Fitness & Ladies Pamper	3 GROUP OUTING John Forrest National Park Lunch at Dome Mundaring
5	6	7	8	9	10
GROUP OUTING Iluka Café	IN CENTRE Southcare Singers Chinese Horoscope Tai Chi Bingo & Rummycub	IN CENTRE Luxury Ladies Morning Tea Ladies Pamper Bingo & Rummy Cub	GROUP OUTING Waterford Shopping Bus IN CENTRE Valentines Craft, Chair Yoga & Word Quizzes	GROUP OUTING Byford Tavern IN CENTRE Friday Fitness Lunch at Chinese Restaurant	GROUP OUTING Lunch at Byford Tavern Fruit in Rolleston
12	13	14	15	16	17
GROUP OUTING Mundaring Dome	IN CENTRE Southcare Singers Scategories Team games Tai Chi Holy Cow	IN CENTRE Valentines Day Lunch Celebration of Friendship Love Word Games, Origins & Poetry	GROUP OUTING Movie Club IN CENTRE GOWRIE Morning Tea Brain Games & Puzzles	GROUP OUTING Cicerello's M&urah IN CENTRE Friday Fitness Armchair Travel - China	GROUP OUTING Drive & E shed Market
19	20	21	22	23	24
GROUP OUTING Decadent C	IN CENTRE Southcare Singers Memory Games Tai Chi & Holy Cow	IN CENTRE Chair Hockey, Holy Cow Word Games & Rummycub PODIATRY - call to book appointment	GROUP OUTING Waterford Shopping Bus IN CENTRE Chair Yoga Family Feud	GROUP OUTING Mystery Tour IN CENTRE Friday Fitness Brain Games & Bingo	GROUP OUTING Rockingham Chinese
26	27	28	 <p>SOCIAL CENTRE BOOKINGS & INFORMATION Call: (08) 9450 6233</p>		
GROUP OUTING Chinese Camelia's	IN CENTRE Southcare Singers Word Busters & Round the Clock Tai Chi	IN CENTRE Gentle Chair Exercises Word Games In centre DVD, ice cream & fun			