



Monthly News

February 2020

Asia & Friendship



February 5th Coffee Morning out

Enjoy a beautiful morning coffee in great company with our Wednesday morning coffee group.

February 11th Friendship Day

Come and join with all your friends for a day of singing, fun activities and lunch to celebrate having special friends in your life.



February 27th Travel to Asia

Sample all Asia has to offer in traditions and food in the comfort of our Social Centre.



Volunteering

Southcare needs volunteers to assist with the daily running of our busy and bustling Opportunity Shop located in Manning.

Please share this request with your family and friends. Volunteers can assist one to two days per week (school hours).

A great opportunity to get out of the house and get involved with the community!!!

Email enquiries@southcare.org.au or call 08 6117 3089.

Southcare Free Seminar

ALL YOUR AGED CARE QUESTIONS ANSWERED!

Come along to Southcare's FREE seminar where you will learn what subsidies and funding options are available to pay for aged care services and what services and products are available to support you to live independently in your own home and community.

We will also cover all the tricky business about how to compare aged care providers and fees. Plus, you will get to take home some handy information sheets!

Conveniently located in Manning, the Southcare Central building is just an easy train or bus ride away! FREE parking is also available on site.

To book ring 08 6117 3089 or book on <http://southcare.eventbrite.com>

TUE, JAN 21, 2020 10:00 AM – 11:00 AM

Southcare Central Building, 19 Pether Rd , Manning, WA

Southcare Social Centre Calendar

February 2020

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
SOCIAL OUTING · Drop Inn Warnbro	IN CENTRE · Southcare Singers · Table Bobs · Holey Cow	SOCIAL OUTING · Morning Coffee out IN CENTRE · Team Games · Remember When	IN CENTRE · Dutch Game · Beetle · Dominoes	SOCIAL OUTING · Decadent C IN CENTRE · Fitness Class · Chair Hockey · Whiteboard Challenge	
10	11	12	13	14	15
SOCIAL OUTING · Parkerville Tavern	IN CENTRE · Friendship Day · Southcare Singers · Themed lunch and activities	IN CENTRE · Scattergories · Round of Golf · Round the Clock Bingo	IN CENTRE · Chair Yoga · Bean Bag Snakes · Word Games	SOCIAL OUTING · Brookland Tavern IN CENTRE · Fitness Class · Reminiscing-Valentines · Round the Clock Bingo	
17	18	19	20	21	22
SOCIAL OUTING · Yanchep Inn	IN CENTRE · Southcare Singers · Mix and Match · Skittles	IN CENTRE · Beanbag Challenge · Price is Right	IN CENTRE · True or False · Floor Bobs · Chair Hockey	SOCIAL OUTING · Gosnells Hotel IN CENTRE · Fitness Class · Remember When · Scattergories · Seminar	
24	25	26	27	28	29
SOCIAL OUTING · Mystery Tour	IN CENTRE · Southcare Singers · Bocce · Balloon Bash	IN CENTRE · Bocce · Never too Old · Sightseeing Bingo	IN CENTRE · Travel to Asia Day · Yoga · Themed lunch and activities	SOCIAL OUTING · Port Kennedy IN CENTRE · Fitness Class · Noughts and Crosses · Word Busters	

